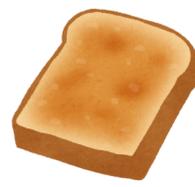
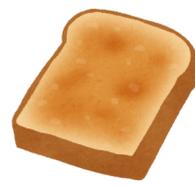


**Wythnos  
1/Week 1**



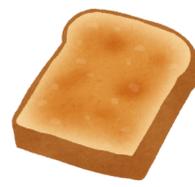
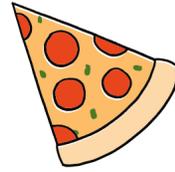
	Dydd Llun/ Monday	Dydd Mawrth/ Tuesday	Dydd Mercher/Wednesday	Dydd Iau/Thursday	Dydd Gwener/Friday
Brecwast /Breakfast	Toast & cereal	Toast & cereal	Toast & cereal	Toast & cereal	Toast & cereal
Snac/ Snack (am)	Fruit	Fruit	Fruit	Fruit	Fruit
Cinio/ Lunch	Don't forget your lunch box!	Don't forget your lunch box!	Don't forget your lunch box!	Don't forget your lunch box!	Don't forget your lunch box!
Snac/ Snack (pm)	Biscuit, milk/water	Biscuit, milk/water	Biscuit, milk/water	Biscuit, milk/water	Biscuit, milk/water
Te/Tea	Pizza & sweetcorn/ cucumber  Banana & custard	Chicken & broccoli pasta  Cake	Sausage, mash, vegetables & gravy  Jelly	Chicken fingers with vegetable rice  Yoghurt	Fish cakes, french fries & beans  Ice cream

**Wythnos  
2/Week 2**



	Dydd Llun/ Monday	Dydd Mawrth/ Tuesday	Dydd Mercher/Wednesday	Dydd Iau/Thursday	Dydd Gwener/Friday
Brecwast /Breakfast	Toast & cereal	Toast & cereal	Toast & cereal	Toast & cereal	Toast & cereal
Snac/ Snack (am)	Fruit	Fruit	Fruit	Fruit	Fruit
Cinio/ Lunch	Don't forget your lunch box!	Don't forget your lunch box!	Don't forget your lunch box!	Don't forget your lunch box!	Don't forget your lunch box!
Snac/ Snack (pm)	Biscuit, milk/water	Biscuit, milk/water	Biscuit, milk/water	Biscuit, milk/water	Biscuit, milk/water
Te/Tea	Ham & cheese pasta  Ice cream	Quorn nuggets with vegetable rice  Banana & custard	Turkey, mash, vegetables & gravy  Yoghurt	Spaghetti & meatballs with garlic bread  Cake	Fish fingers, potato stars & peas  Jelly

**Wythnos  
3/Week 3**



Dydd Llun/  
Monday

Dydd Mawrth/  
Tuesday

Dydd  
Mercher/Wednesday

Dydd  
Iau/Thursday

Dydd  
Gwener/Friday

Brecwast  
/Breakfast

Toast & cereal

Snac/  
Snack (am)

Fruit

Fruit

Fruit

Fruit

Fruit

Cinio/  
Lunch

Don't forget  
your lunch  
box!

Snac/  
Snack (pm)

Biscuit,  
milk/water

Biscuit,  
milk/water

Biscuit,  
milk/water

Biscuit,  
milk/water

Biscuit,  
milk/water

Te/Tea

Sausage, mashed  
potato,  
vegetables &  
gravy  
  
Banana &  
custard

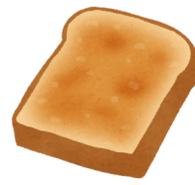
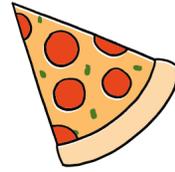
Pizza &  
sweetcorn/  
cucumber  
  
Cake

Chicken &  
broccoli pasta  
  
Yoghurt

Fish cakes,  
french fries &  
beans  
  
Jelly

Chicken fingers  
with vegetable  
rice  
  
Ice cream

**Wythnos  
4/Week 4**



	Dydd Llun/ Monday	Dydd Mawrth/ Tuesday	Dydd Mercher/Wednesday	Dydd Iau/Thursday	Dydd Gwener/Friday
Brecwast /Breakfast	Toast & cereal	Toast & cereal	Toast & cereal	Toast & cereal	Toast & cereal
Snac/ Snack (am)	Fruit	Fruit	Fruit	Fruit	Fruit
Cinio/ Lunch	Don't forget your lunch box!	Don't forget your lunch box!	Don't forget your lunch box!	Don't forget your lunch box!	Don't forget your lunch box!
Snac/ Snack (pm)	Biscuit, milk/water	Biscuit, milk/water	Biscuit, milk/water	Biscuit, milk/water	Biscuit, milk/water
Te/Tea	Quorn nuggets with vegetable rice  Ice cream	Ham & cheese pasta  Banana & custard	Turkey, mashed potato, vegetables & gravy Yoghurt	Spaghetti bolognese with garlic bread  cake	Fish fingers, potato stars & peas  Jelly