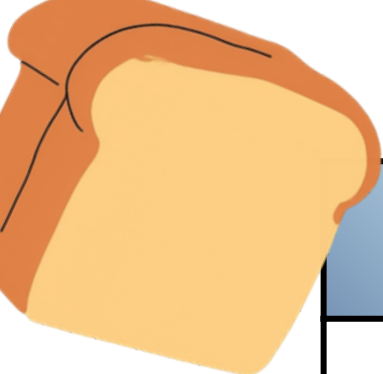


# WYTHNOS UN



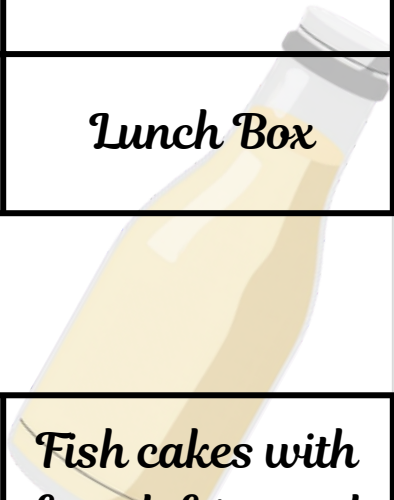
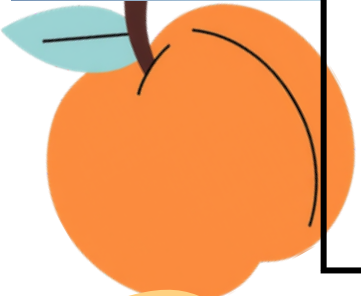
Brecwast

Snac Bore

Cinio

Snac Prynawn

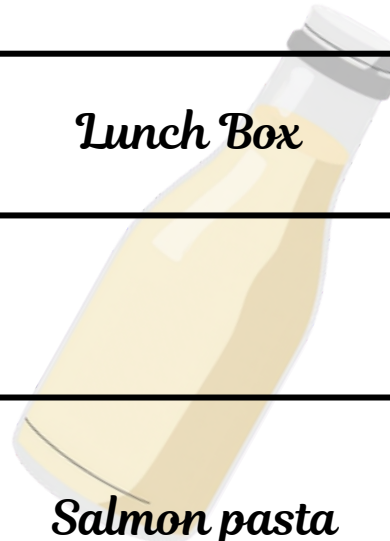
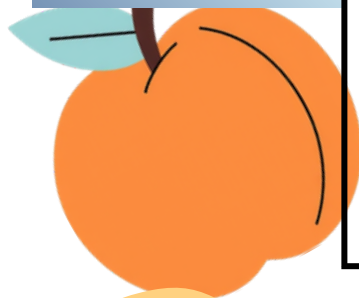
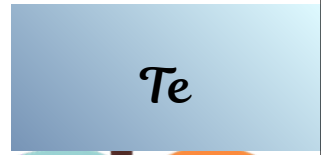
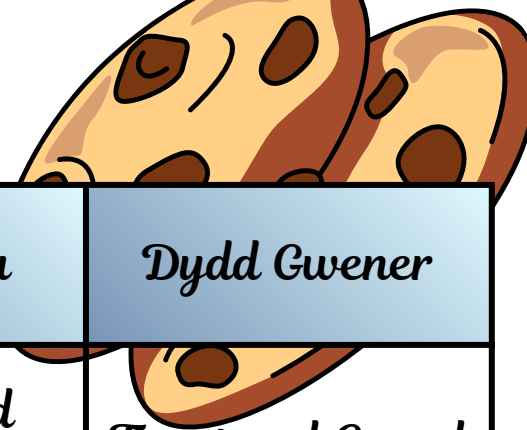
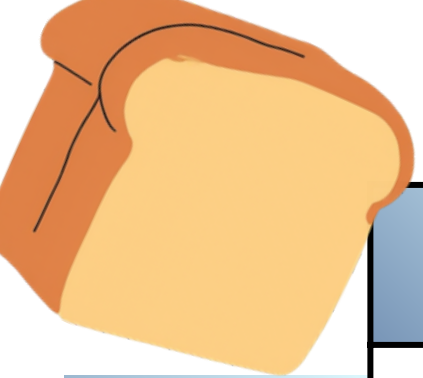
Te



	Dydd Llun	Dydd Mawrth	Dydd Mercher	Dydd Iau	Dydd Gwener
Brecwast	Toast and Cereal	Toast and Cereal	Toast and Cereal	Toast and Cereal	Toast and Cereal
Snac Bore	Fruit	Fruit	Fruit	Fruit	Fruit
Cinio	Lunch Box	Lunch Box	Lunch Box	Lunch Box	Lunch Box
Snac Prynawn	Rice cakes, Pancakes, Biscuits, Fruit loaf Milk or Water				
Te	Turkey dinosaurs and vegetable rice Jelly	Pizza with cucumbers and peppers Cake	Roast beef dinner Yoghurt	Spaghetti carbonara with garlic bread Pancakes	Fish cakes with french fries and beans Banana and custard

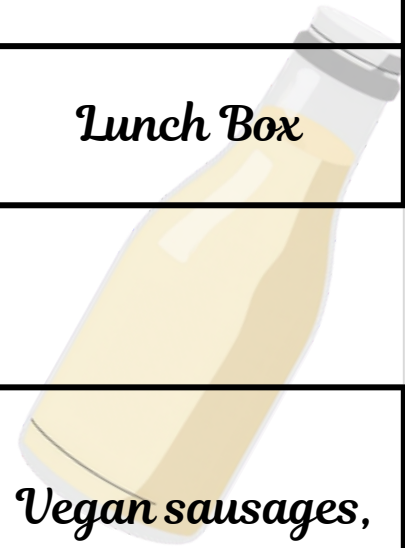
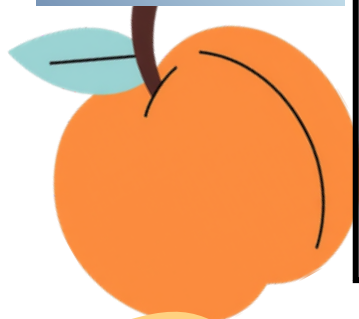
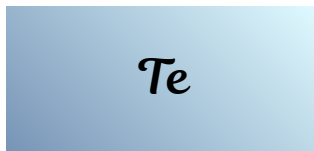
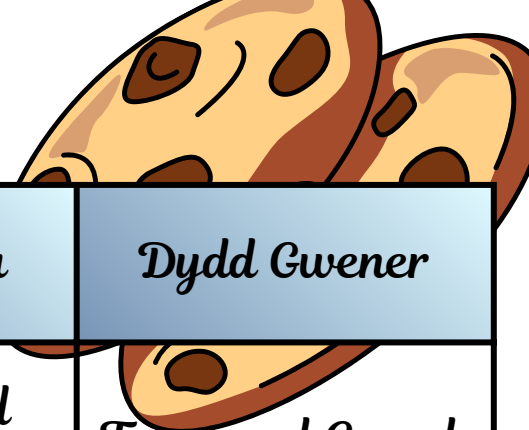
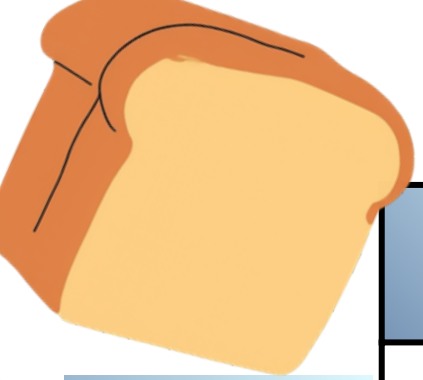
# WYTHNOS DAU

	Dydd Llun	Dydd Mawrth	Dydd Mercher	Dydd Iau	Dydd Gwener
Brecwast	Toast and Cereal	Toast and Cereal	Toast and Cereal	Toast and Cereal	Toast and Cereal
Snac Bore	Fruit	Fruit	Fruit	Fruit	Fruit
Cinio	Lunch box	Lunch Box	Lunch Box	Lunch Box	Lunch Box
Snac Prynawn	Rice cakes, Pancakes, Biscuits, Fruit loaf Milk or Water				
Te	Turkey Dinner Cake	Ham and Cheese pasta Yoghurt	Quorn nuggets, french fries and beans Ice cream	Vegetable curry and rice Jelly	Salmon pasta and peas Angel delight



# WYTHNOS TRI

	<i>Dydd Llun</i>	<i>Dydd Mawrth</i>	<i>Dydd Mercher</i>	<i>Dydd Iau</i>	<i>Dydd Gwener</i>
<i>Brecwast</i>	<i>Toast and Cereal</i>	<i>Toast and Cereal</i>	<i>Toast and Cereal</i>	<i>Toast and Cereal</i>	<i>Toast and Cereal</i>
<i>Snac Bore</i>	<i>Fruit</i>	<i>Fruit</i>	<i>Fruit</i>	<i>Fruit</i>	<i>Fruit</i>
<i>Cinio</i>	<i>Lunch Box</i>	<i>Lunch Box</i>	<i>Lunch Box</i>	<i>Lunch Box</i>	<i>Lunch Box</i>
<i>Snac Prynawn</i>	<i>Rice cakes, Pancakes, Biscuits, Fruit loaf Milk or Water</i>				
<i>Te</i>	<i>Sausage Pasta and peas Pancakes</i>	<i>Turkey dinosaurs and vegetable rice Yoghurts</i>	<i>Cottage pie, cauliflower, carrots and gravy Cake</i>	<i>Mac and cheese with broccoli Jelly</i>	<i>Vegan sausages, fries and hoops Ice cream</i>



# WYTHNOS PEDWAR

	<i>Dydd Llun</i>	<i>Dydd Mawrth</i>	<i>Dydd Mercher</i>	<i>Dydd Iau</i>	<i>Dydd Gwener</i>
<i>Brecwast</i>	<i>Toast and Cereal</i>	<i>Toast and Cereal</i>	<i>Toast and Cereal</i>	<i>Toast and Cereal</i>	<i>Toast and Cereal</i>
<i>Snac Bore</i>	<i>Fruit</i>	<i>Fruit</i>	<i>Fruit</i>	<i>Fruit</i>	<i>Fruit</i>
<i>Cinio</i>	<i>Lunch Box</i>	<i>Lunch Box</i>	<i>Lunch Box</i>	<i>Lunch Box</i>	<i>Lunch Box</i>
<i>Snac Prynawn</i>	<i>Rice cakes, Pancakes, Biscuits, Fruit loaf Milk or Water</i>				
<i>Te</i>	<i>Sausage dinner</i>  <i>Jelly</i>	<i>Tacos, cheese, cucumber, tomato and lettuce</i>  <i>Cake</i>	<i>Chicken fingers, fries and beans</i>  <i>Bananas and custard</i>	<i>Fish fingers with vegetable rice</i>  <i>Ice cream</i>	<i>Vegan bolognese with pasta and garlic bread</i>  <i>Yoghurt</i>