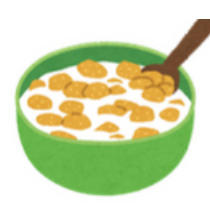


Wythnos 1/Week 1



	Dydd Llun/ Monday	Dydd Mawrth/ Tuesday	Dydd Mercher/Wednesday	Dydd Iau/Thursday	Dydd Gwener/Friday
Brecwast /Breakfast	Toast & cereal	Toast & cereal	Toast & cereal	Toast & cereal	Toast & cereal
Snac/ Snack (am)	Fruit	Fruit	Fruit	Fruit	Fruit
Cinio/ Lunch	Don't forget your lunch box!	Don't forget your lunch box!	Don't forget your lunch box!	Don't forget your lunch box!	Don't forget your lunch box!
Snac/ Snack (pm)	Biscuit, milk/water	Biscuit, milk/water	Biscuit, milk/water	Biscuit, milk/water	Biscuit, milk/water
Te/Tea	Pizza & sweetcorn/cucumber Banana and custard	Chicken and broccoli pasta Cake	Sausage, mash, vegetables and gravy Jelly	Chicken fingers with vegetable rice Yoghurt	Fish cakes, french fries and beans Ice cream

Wythnos 2/Week 2



	Dydd Llun/ Monday	Dydd Mawrth/ Tuesday	Dydd Mercher/Wednesday	Dydd Iau/Thursday	Dydd Gwener/Friday
Brecwast /Breakfast	Toast & cereal	Toast & cereal	Toast & cereal	Toast & cereal	Toast & cereal
Snac/ Snack (am)	Fruit	Fruit	Fruit	Fruit	Fruit
Cinio/ Lunch	Don't forget your lunch box!	Don't forget your lunch box!	Don't forget your lunch box!	Don't forget your lunch box!	Don't forget your lunch box!
Snac/ Snack (pm)	Biscuit, milk/water	Biscuit, milk/water	Biscuit, milk/water	Biscuit, milk/water	Biscuit, milk/water
Te/Tea	Ham & cheese pasta Ice cream	Quorn nuggets with vegetable rice Banana & custard	Turkey, mash, vegetables & gravy Yoghurt	Spaghetti & meatballs with garlic bread Cake	Fish fingers, potato stars & peas Jelly